

A Chapter of PrimeTimers® Worldwide



JANUARY Newsletter 2024

President's Note

Happy New Year! We've gotten through 2023! Listening to men at meals and gatherings, it's been a combination of lows and highs for most of us. I hope as you put the past year to rest, you can find learning in the difficult times and cherish the memories created during the positive days.

There are so many traditions for transitions from one year to the next. I stopped New Year's resolutions several years ago, in favor of a theme I wanted to work on during the next 12 months. This allowed me some flexibility, diminished any unrealistic expectations, and allowed me to consider ongoing ways to better myself as the year progressed. A couple of themes I've addressed in the past include looking for ways to simplify and declutter my life and working to be more conscious of gratitude moments in my life. Regardless of the focus, when I do a New Year's Eve review, it's powerful to see how my goals for myself have also touched the lives of others.

Sometimes, I forget that we're connected as if in a web-jiggling one thread can create all sorts of other movements where we might not expect them. I would invite you- as we move into January- to consider ways your lives were touched by small acts of kindness or support during these past 52 weeks. And especially how other men in our group might have had just the right word, action or silence when you needed it. And take an opportunity to let them know that they matter to you. You might reflect on those times when you intuitively responded to someone and recognized you were making a connection when it was wanted or needed.

We have an exciting year ahead for COPT. We are reestablishing our Labor Day Weekend. We continue to have outings, field trips and meals for our members. Consider to how you can contribute. In November, I planned to go to Chickasha to see the Leg Lamp statue. Bringing it up to others, it became a nice field trip to see the festival of lights and dinner. So, simply opening up an interest to others can be one of those surprising connections.

Wishing each of you health, hope and happiness in 2024! And may we continue to find ways to positively touch one another's lives.

Steve K

Isn't it nice to think that tomorrow is a new day with no mistakes in it yet? - LM Montgomery

**MINUTES
CENTRAL OKLAHOMA PRIME TIMERS
DECEMBER MONTHLY MEETING
DECEMBER 16, 2023**

The December 2023 Business Meeting of Central Oklahoma Prime Timers Board of Directors was held on December 16, 2023, at Evolve Church, 3208 NW May Avenue, Oklahoma City. It was called to Order at 1:00 P.M. by President Steve K. with Vice President David H., Secretary Kobe C., At Large Board Members Richard W., John L., Kelly P. and newly elected Board Member Chad C. present. At Large Member Alex J. had to work today.

Minutes of the November 2023 Monthly Meeting and December Elections Meeting were read and accepted.

Officers of the Central Oklahoma Prime Timers Board of Directors were elected for 2024, as follows:

President: Steve K.

Vice President: David H.

Secretary: Kobe C.

Treasurer: Chad C.

At Large Members: Alex J., John L., Kelly P. and Richard W.

Co-Chairmen of the Labor Day Weekend Get-A-Way for 2024 are Alex J. and Richard W.

The Holiday Party on December 10th was a huge success thanks to the most generous contributions and endless hours of preparation by Alex J. and host Kent D. All members express their appreciation.

The recipient of the 2023 Gratitude Award, Gene C., responded: "Thank you for the recognition. Very much appreciated. I enjoy the restaurant, the food and the companionship of the men who meet. I'm always glad to see those who attend."

Steve reported that the toy drive was a success: Mosaic was grateful for COPT's contribution.

The outing on Friday, January 12 to the Oklahoma Historical Society is set for 10:00 A.M.

The outing on Tuesday, February 13th to the Oklahoma Firefighters Museum will happen after Lunch.

The newly revised membership applications are being used and completed by all members.

There was extensive discussion of elements of planning for Labor Day.

The meeting was adjourned at 2:00 P.M.

Respectfully submitted,

Kobe C., Secretary

JANUARY BIRTHDAYS

7 Byron H.

8 Jim S.

13 Kish T.

16 Joe L.

COPT JANUARY 2024

	1	2 Lunch Woodbridge NW 39 th & Tulsa	3	4 Meet & Eat, 4:30 pm	5	6 Breakfast Woodbridge NW 39th & Tulsa
7	8	9 Lunch Woodbridge NW 39 th & Tulsa	10	11 Meet & Eat, 4:30 pm	12	13 Breakfast Woodbridge NW 39th & Tulsa
14 Meet & Greet at Kent's	15	16 Lunch Woodbridge NW 39 th & Tulsa	17	18 Meet & Eat, 4:30 pm	19	20 Breakfast Woodbridge NW 39th & Tulsa
21 Monthly Meeting – Evolve Church, 3208 N. May, 1 pm	22	23 Lunch Woodbridge NW 39 th & Tulsa	24	25 Meet & Eat, 4:30 pm	26	27 Breakfast Woodbridge NW 39th & Tulsa
28	29	30 Lunch Woodbridge NW 39 th & Tulsa	31			

Save the date

- **FRIDAY, JANUARY 12th - Oklahoma Historical Society, 10am**
- **TUESDAY, FEBRUARY 13th - Oklahoma Firefighters Museum**
- **FRIDAY, AUGUST 30th thru MONDAY, SEPTEMBER 2nd, Labor Day Event**

Meet & Eat Locations for JANUARY (all locations are in OKC unless otherwise stated)

January 4: **Frankie's Italian Restaurant**, 2724 W. Britton Rd.; 405-849 6565;
<https://frankies.hrpos.heartland.us/menu>

January 11: **Saii Asian Bistro and Sushi Bar**, *Opens 5 PM*, 6900 N. May Ave.; 405-702-7244;
<https://saiiasianbistrosushi.com/>

January 18: **Hop Scotch Kitchen & Bar**, 10909 N. May Ave.; 405-286-4246;
<https://www.hopscotchokc.com/>

January 25: **Mr. Gatti's Pizza**; 9410 N. May Ave.; 405-395-2844;
<https://mrgattispizza.com/homepage/locations/>

CENTRAL OKLAHOMA PRIME TIMERS

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COPT'S BOARD OF DIRECTORS 2022-2024

President	Stephen K.	Secretary	Kobe C.
Vice President	David H.	Member-at-Large	John L.
Treasurer	Chad C.	Member-at-Large	Kelly P.
Member-at-Large	Alex J.	Member-at-Large	Richard W.

Appointed Positions

Activities	Gene C.	Membership	David P.
Newsletter Editor	Kelly P.	Webmaster	Kobe C.

For newsletter information: text or call (405) 590-4376.

COPT Website: <https://chapters.theprimetimersww.com/centraloklahoma>

Read PTWW **Prime Times** online at <https://theprimetimersww.com/>

Newsletter Editor Notes

If anyone has suggestions, comments or corrections, please send them to me, preferably by text or voice. Also, send pictures or announcements and I will try to publish them.

Kelly P.