

SEPTEMBER Newsletter 2023

President's Note

Hey all,

Welcome to September! The unofficial end of summer and hopefully an end (or at least lessening) of the heat of August. Schools are starting and people reboot their calendars from summer vacations to more regular schedules. I hope for Central Oklahoma Prime Timers, it's a cooling off, not a cooling down. We're looking ahead to some nice activities for this autumn and early preparations for the holiday season. That includes a visit to the Rodin exhibit at the Oklahoma Art Museum this month, and resuming our Sunday Meet & Greets. The State Fair has Senior Day on September 20th. There's a trip to the Martin Nature Center in October, when it's cooled down further. And the board is looking ahead to our Thanksgiving and Holiday parties.

One of my mentors in DC often reminded me that "all the resources you need are in the group." True. I would be unaware of several COPT activities if someone hadn't initially brought them up to me. And there are other resources available when we gather. Certainly, I've received considerable support and encouragement in my caregiver role from people in our group. I got some leads on possible vacations. People share aspects of our group's history as well as hopes that inspire the board to identify future goals. We celebrate birthdays and special events; we also help one another hold painful moments, illnesses or just being that listening presence when we experience a bit of the blues. Men have reached out to our group because they don't know another resource where they can go and just be themselves. -Not that some of our members don't dish with the best (and I still claim Snarky as my Superpower), but underneath, there is powerful support and caring among us. When I listen to all the cultural divisions splattered across the media, it cheers me to see our community as a small part of the healing, simply by being connected to one another.

I invite members to take a few opportunities this month to be that resource, support, gift - to another member that you might not know all that well. And be conscious and open to the friendships and support as they come your way...

Brighten the corner where you are, and you will light the world.

- Dean Koonz

Know Your Board

This column will return soon.

MINUTES CENTRAL OKLAHOMA PRIME TIMERS AUGUST MONTHLY MEETING AUGUST 27, 2023

The August 2023 meeting of Central Oklahoma Prime Timers Board of Directors and Members, held on August 27, 2023, at Evolve Church, 3208 N May Ave., Oklahoma City was called to order by President Steve K. at 1 P.M., with Vice President David H., Secretary Kobe C., and at large members John L, Kelly P., Richard W. and Alex J. present along with member Herman C. who is celebrating his birthday today. Treasurer Allen G. was ill but submitted his Treasurer's Report.

The meeting began with a moment of silence for beloved departed member Johnny West Dorough.

Minutes of the July 2023 meeting were read and accepted.

The Treasurer submitted a written report which was accepted and is addended to and made a part of this record.

We are hoping to continue the "Know Your Board" series in the newsletter, with a Kelly submission next.

Several members attended the funeral of Johnny Dorough and several members attended the Wichita Anniversary Dinner.

Several additional museum and park trips for the summer were discussed.

The Rodin Exhibit at the Oklahoma Museum of Art visitation date was set at Wednesday, September 27th at 10:30 a.m. [following a 9:00 breakfast at Woodbridge].

We are exploring a potential visit to the Fred Jones Museum in Norman.

A nature walk at Martin Nature Park has been set for Wednesday, October 18th.

We are searching for a venue for Thanksgiving Dinner: preferably with a private room.

The COPT Holiday Potluck Party has been set for Kent's on December 10th.

Meet & Greets will be held once a month at Kent's on the 4th Sunday of the month beginning September 24th. In October: 22nd; November: 26th.

A Committee has been set up to meet with management of The District to determine whether or not 2024 will be the reset of our Labor Day event.

The Meeting was Adjourned by Steve K. at 2:30 pm.

Respectfully submitted,

Kobe C., Secretary

SEPTEMBER BIRTHDAYS NONE

COPT SEPTEMBER 2023

					1	2 Breakfast Woodbridge NW 39 th & Tulsa
3	4	5 Lunch Woodbridge NW 39 th & Tulsa	6	7 Meet & Eat, 4:30 pm	8	9 Breakfast Woodbridge NW 39th & Tulsa
10	11	12 Lunch Woodbridge NW 39 th & Tulsa	13	14 Meet & Eat, 4:30 pm	15	16 Breakfast Woodbridge NW 39th & Tulsa
17 Monthly Meeting — Evolve Church, 3208 N. May, 1 pm	18	19 Lunch Woodbridge NW 39 th & Tulsa	20	21 Meet & Eat, 4:30 pm	22	23 Breakfast Woodbridge NW 39th & Tulsa
24 Meet & Greet at Kent's	25	26 Lunch Woodbridge NW 39 th & Tulsa	27 Trip to OKCMOA, 10:30 AM	28 Meet & Eat, 4:30 pm	29	30 Breakfast Woodbridge NW 39th & Tulsa

Save the date

- September 24th <u>Return</u> of Meet & Greet at Kent's home
- September 27th Trip to OKC Museum of Art

Meet & Eat Locations for September (all locations are in OKC unless otherwise stated)

SEPTEMBER 7: CAFÉ 7; 14101 N. May Ave., #117; 405-748-3354; https://cafe7okc.com/

SEPTEMBER 14: BURGER PUNK; 3012 N. Walker Ave.; 405-724-8017; https://www.burgerpunkokc.com/

SEPTEMBER 21: SALA THAI; 1614 NW 23rd St.; 405-528-8424; (Opens at 5pm); https://www.salathaiok.com/

SEPTEMBER 28: VENEZIA ITALIAN RESTAURANT; 8109 NW Expy; 405-603-1358; https://emayon.com/en-view.php?seo=venezia-805799

IMPORTANT Information: Meet & Greets are back! They are now scheduled once a month on the Sunday following the regular board meeting. This month it will be Sept. 24.

CENTRAL OKLAHOMA PRIME TIMERS

P. O. Box 12566 Oklahoma City, OK 73157-2566

COPT'S BOARD OF DIRECTORS 2022-2024

PresidentStephen K.SecretaryKobe C.Vice PresidentDavid H.Member-at-LargeJohn L.TreasurerAllen G.Member-at-LargeKelly P.Member-at-LargeAlex J.Member-at-LargeRichard W.

Appointed Positions

ActivitiesGene C.MembershipDavid P.Newsletter EditorKelly P.WebmasterKobe C.

For newsletter information: text or call (405) 590-4376.

COPT Website: https://chapters.theprimetimersww.com/centraloklahoma

Read PTWW **Prime Times** online at https://theprimetimersww.com/

Newsletter Editor Notes

If anyone has suggestions, comments or corrections, please send them to me, preferably by text or voice. Also, send pictures or announcements and I will try to publish them.

If anyone is interested in attending the Prime Timers Worldwide Convention in October, here is the web address for the forms: https://theprimetimersww.com/2023-mail-in-convention-registration/. Non-members may attend by paying \$45 extra. If you want more info send an email to: ptww.convention.committe@gmail.com.

Kelly P.