



## January Newsletter 2023

A Chapter of PrimeTimers® Worldwide

### President's Note

Happy New Year! This can be a wonderful time to pause and reflect on what is behind us and what we hope for in the year ahead. I value two quotes that comes to mind this time of year:

“One day the mountain that is in front of you will be so far behind you it will barely be visible in the distance. But the person you became in learning to get over it? That will stay with you forever. And that is the point of the mountain.” -- Author unknown

“Be like a tree and let the dead leaves drop.” Rumi

I'm sure most of us have faced challenges in this past year, whether directly impacting us or effecting those we love. As we leave 2022 behind and move into the New Year, consider what learning has come both from obstacles we faced, and through letting what is unimportant drop away. And now be open for whatever may wait ahead.

I remember losses from this past year yet focus on how those relationships were a gift and how they led me to grow. Weekly, I become more familiar with Oklahoma City and surrounding areas. I can lay down exertions I've put into Prime Timers, and focus on the positive changes: deepening relationships with several of you men, a stronger sense of belonging here in Oklahoma, and successes we have achieved. I was really delighted with our Thanksgiving and Holiday parties. Last winter, we collected clothes for Ice Angels to assist the homeless. Our toy drive was successful; in both situations others benefitted from the collective care and generosity of our members.

Statistically 8 to 12% of people maintain their New Year's resolutions. For years, I've opted instead to choose a general theme to work on that year – Simplify, Gratitude, Using my powers for evil instead of good. (but that's another story) I'd invite members to consider what you might want from 2023 - for yourself, and also for our group. We've got a full board, and want Primer Timers to be the social group that brings you engagement and satisfaction. Consider what you want to drop for 2022, and let's support one another to make this a great year for each one of us!

Happy New Year, to each of you,

Steve K.

## **Know Your Board**

**This column will return next month.**

## **COPT Monthly Meeting Minutes**

### **CENTRAL OKLAHOMA PRIME TIMERS DECEMBER MONTHLY MEETING DECEMBER 18, 2022**

The December 2022 meeting of Central Oklahoma Prime Timers Board of Directors was held at Evolve Church, 3208 NW May Ave., Oklahoma City at 1:00 pm., December 18, 2022.

President Steve K. called the meeting to order with Vice President David H., Secretary Kobe C., and at large members Jon L, Kelly P., Richard W. and Alex J. were present. Treasurer Allen G. was recovering from hospitalization but presented his Treasurer's Report for the month.

Minutes of the November 2022 meeting were read and accepted.

The Treasurer presented a written report which is addended to and made a part of this record.

Alex has been named to the Social and entertainment Committee and is discussing possible new events for 2023, including theatrical movies nights and possible game nights twice a month. More to come.

Elections held at the Holiday Party on December 11<sup>th</sup> were confirmed: Jon L., Kobe C., Richard W., and Alex J. were elected for two year terms.

Election of officers for 2023 were held with Steve K elected President, David H., Vice President, Kobe C., Secretary, Allen G., Treasurer and at large members: Jon L., Kelly P., Alex J. and Richard W.

Under New Business a motion made by Kelly P was passed: If an event overlaps the third Sunday meeting, rather than holding the meeting at that event, the meeting will be held either on the second Sunday or the fourth Sunday instead.

The Meeting was Adjourned by Steve K. at 1:45 pm.

Respectfully submitted,

**Kobe C., Secretary**

## JANUARY BIRTHDAYS

7 - Byron H., Jeffrey S.

13 - Kish T.

16 - Joe L.

24 - Rick W.

28 - Elvin L.

# COPT JANUARY 2023

<b>1</b> Happy New Year!	<b>2</b>	<b>3</b> Lunch Woodbridge NW 39 <sup>th</sup> & Tulsa	<b>4</b>	<b>5</b> Meet & Eat, 4:30, pm	<b>6</b>	<b>7</b> Breakfast Woodbridge NW 39 <sup>th</sup> & Tulsa
<b>8</b>	<b>9</b>	<b>10</b> Lunch Woodbridge NW 39 <sup>th</sup> & Tulsa	<b>11</b>	<b>12</b> Meet & Eat, 4:30 pm	<b>13</b>	<b>14</b> Breakfast Woodbridge NW 39 <sup>th</sup> & Tulsa
<b>15</b> Monthly Meeting – Evolve Church, 3208 N. May, 1 pm	<b>16</b>	<b>17</b> Lunch Woodbridge NW 39 <sup>th</sup> & Tulsa	<b>18</b>	<b>19</b> Meet & Eat, 4:30 pm	<b>20</b>	<b>21</b> Breakfast Woodbridge NW 39 <sup>th</sup> & Tulsa
<b>22</b>	<b>23</b>	<b>24</b> Lunch Woodbridge NW 39 <sup>th</sup> & Tulsa	<b>25</b>	<b>26</b> Meet & Eat, 4:30 pm	<b>27</b>	<b>28</b> Breakfast Woodbridge NW 39 <sup>th</sup> & Tulsa
<b>29</b>	<b>30</b>	<b>31</b> Lunch Woodbridge NW 39 <sup>th</sup> & Tulsa				

**Meet & Eat Locations for January (all locations are in OKC unless otherwise stated)**

**JANUARY 5: LIDO RESTAURANT**

2518 N. Military Ave., Suite 101; 405-521-1902

<https://www.lidorestaurantokc.com/>

**JANUARY 12: ABEL MEXICAN RESTAURANT**

5822 NW 50<sup>th</sup> St. [MacArthur], **Warr Acres**; 405-491-0911

<https://www.abelsmexicanrestaurant.com/>

**JANUARY 19: RAZZOO'S CAJUN CAFÉ**

1340 W. Memorial Rd.; 405-445-6070

<https://www.razzoos.com/>

**JANUARY 26: RENDEZVOUS PIZZA (Quail Springs)**

14020 N. May Ave.; 405-849-6775

<https://rendezvouspizza.com/>

**BELOW: WOODBRIDGE, TUESDAY, DECEMBER 27<sup>TH</sup> PICS**



















# CENTRAL OKLAHOMA PRIME TIMERS

P. O. Box 12566  
Oklahoma City, OK 73157-2566

## COPT'S BOARD OF DIRECTORS 2022-2024

<b>President</b>	Stephen K.	<b>Secretary</b>	Kobe C.
<b>Vice President</b>	David H.	<b>Member-at-Large</b>	John L.
<b>Treasurer</b>	Allen G.	<b>Member-at-Large</b>	Kelly P.
<b>Member-at-Large</b>	Alex J.	<b>Member-at-Large</b>	Richard W.

### Appointed Positions

<b>Activities</b>	Gene C.	<b>Membership</b>	David P.
<b>Newsletter Editor</b>	Kelly P.	<b>Webmaster</b>	Kobe C.

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COPT Website: <https://chapters.theprimetimersww.com/centraloklahoma>

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Read PTWW **Prime Times** online at <https://theprimetimersww.com/>

### Newsletter Editor Notes

There has been some discussion about replacing one of the weekly Woodbridge events with another venue. If anyone has an alternative location, please contact me or another board member.

If anyone has suggestions, comments or corrections, please send them to me, preferably by text or voice. Also, send pictures or announcements and I will try to publish them.

*Kelly P.*