



September Newsletter 2022

A Chapter of PrimeTimers® Worldwide

President's Note

Autumn Changes

Before schools moved their starting date to mid-August, September was always the time for change. The days were shorter and cooler. School began just after Labor Day, with new school clothes, new supplies, even new teachers. And it is still a time of change. One of the changes that impacts our group is the closing of Ingrid's, after being in business for 45 years. Those who attended meals there have seen the autographed poster of Guy Fiere, who came to Ingrid's in 2009. They have been our location for our annual Holiday dinner with their famous molten chocolate cake for dessert. We are currently exploring other options for our breakfast and lunch gatherings. So be watching Kobe's weekly updates as we work (and eat) our way through this particular change.

Many of us are old enough to remember dramatic changes over the years. Living through the 1980's and beyond, we saw how HIV and AIDS changed our world. Stonewall was a moment of change, and gradually having our rights validated in the courts. We have seen greater acceptance of the LGBTQA+ community. And have recently seen other changes, like the disheartening pushback against our civil rights.

I reflect on my personal changes, from working to retirement, and from living in Silver Spring, MD to Oklahoma City, OK. One of my mentors often said, "The only one who likes change is a wet baby." Even positive changes bring along a degree of stress. The Central Oklahoma Prime Timers have been one of my best resources for managing that transition. I imagine ways that COPT has helped others through change. For some, coming out or accepting ourselves occurred later in life. And COPT was there- open, welcoming, receptive to us through that transition. For some, COPT friends were there during life's changes: divorce or loss of a parent or partner. Sometimes it was someone being a listening ear when we most needed one.

I'd invite each of you to consider how members in COPT have been part of the changes in your life. And, maybe take time and tell those men what their support means to you. In the song, For Good, from the musical Wicked, the characters recognize: "I don't know if I've been changed for the better, but because I knew you, I have been changed for good."

Thanks to all of you who keep helping me change for the better...

Steve K

Know Your Board

PART THREE: SECRETARY

Kobe James Maynard Cohen first became COPT Secretary shortly after becoming a Prime Timer in 2008 and continued in that position until my health interrupted for a few years but resumed the position recently.

Before landing in Oklahoma in 2005 - a job transfer from California as a member of the legal staff [staff attorney who analyzed testamentary documents to determine the gift to ACS] of the Atlanta based American Cancer Society - my roots lie in Maine, where I was born and raised. Upon graduation from law school in Boston I worked for five years in Augusta, Maine, the state's capitol, as an Assistant Attorney General. At the same time, I was active in Community Theater in Waterville, Maine, home of Colby College and starred in several musical comedies. [My early life was full of musical training and experience, both at the piano, other instruments and vocally.]

The theatrical stage experience led me to be inquisitive about Broadway, so I moved to New York City briefly and became a "would-be-actor" for a year. Then moved to Southern California, Venice Beach to be exact, for a few years and eventually to the Bay Area for over 40 years.

Many of my years, including while in college and law school and after were supported by being a restaurant waiter. Even after retiring from The American Cancer Society, I worked as a waiter at Gushers for a while. Some of you might remember me there.

It was around the same time I was working at Gushers that I became a census taker in 2010, accepted a temporary position with an Oklahoma Government Department paid for with federal funds, and responded to a question by Levi if I knew anyone who needed a job and became a co-worker with him driving behavior health clients to and from appointments with Red Rock Behavioral Health Services; and also became a substitute teacher with the Oklahoma City and Putnam City School systems.

For many years, in New York and California, I worked as an office temp, thanks to my successful high school typing class and my logical mind. Office temping sometimes led to permanent jobs as an office manager around San Francisco and eventually led to my position with the American Cancer Society.

Included among my years of employment are as a baker, cook, apartment manager, gardener, Uber/Lyft driver, passenger-van bus driver and other categories I forget.

Aside from my musical interests, I also have been making beaded jewelry for many years.

My position with the Cancer Society permitted me to purchase a three-bedroom home near Lake Overholser until I became incapacitated; something I never expected to be called: a homeowner.

Until Covid hit, here in this apartment complex community, I ran a coffee hour two days a week, which was very enjoyable and creative.

Now I just enjoy retirement and COPT activities.

Kobe C.

Photo from the August Meeting



COPT Monthly Meeting Minutes

MINUTES OF CENTRAL OKLAHOMA PRIME TIMERS AUGUST MONTHLY MEETING

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AUGUST 21, 2022**

The August 2022 meeting of Central Oklahoma Prime Timers Board of Directors and Members was held at Evolve Church on August 21, 2022, at 1:00 PM, 3208 N. May Avenue, Oklahoma City.

President Steve K. called the meeting to order at 1:00 p.m. Present were Vice President David H., Treasurer Allen G., Secretary Kobe C., at large member Jon L., and at large member Kelly P, along with World Wide Liaison Jim H., and members Steven D., Mike C., Bill C., Richard W., Gene C., Larry E., Jerry D., and guest Chad C.

Minutes of the July 2022 meeting were read and accepted as read.

The Treasurer, Allen G., will present his monthly report next month.

Per Steve K's agenda, the newsletter is going smoothly. The next submission of "Get To Know Your Board" will be Kobe C.

After the surprise closure of Ingrid's the temporary transition to possible replacement is going smoothly so far. We have been going to Ray's Café on 50th; will try Woodbridge on August 30th and Good Gravy on September 3rd. Black Bear Diner has also been suggested.

The Certified Letter to The Gayley was sent and received.

The trip to Alabaster Caverns went smoothly on August 6th by a small group which had fun.

The potential trip to Tulsa was brought up with no new developments announced or discussed.

Under the topic of Labor Day 2023, we learned that the District Hotel is undergoing extensive construction, including a reported restaurant. We learned that we will be able to hold the event on the actual Labor Day Weekend. We are looking for potential substitute hotels, if needed, for Labor Day.

Under New Business we discussed our Facebook page and inappropriate postings to that page and what actions to take. Upon motion passed, we will take down the Facebook page and start over; also, upon motion passed: to establish guidelines with code of conduct with moderators and administrators to oversee.

The Brochure should be finished for submission by next meeting.

The Meeting was Adjourned by Steve K. at 2:30 PM.

Respectfully submitted,
Kobe C., Secretary



Happy Birthday!

SEPTEMBER

3 - Dean C.

6 - Joe K.

8 - Richard A.

19 - Nathan B.

COPT **SEPTEMBER** 2022

				1 Meet & Eat	2	3 Brunch Good Gravy 8014 N Western
4	5	6 Lunch Woodbridge NW 39 th & Tulsa	7	8 Meet & Eat	9	10 Brunch Ray's Diner NW 50 th & May
11	12	13 Lunch Woodbridge NW 39 th & Tulsa	14	15 Meet & Eat	16	17 Brunch Ray's Diner NW 50 th & May
18 COPT Monthly Meeting 1pm	19	20 Lunch Woodbridge NW 39 th & Tulsa	21	22 Meet & Eat	23	24 Brunch Ray's Diner NW 50 th & May
25	26	27 Lunch Woodbridge NW 39 th & Tulsa	28	29 Meet & Eat	30	

Meet & Eat Locations for September (all locations are in OKC unless otherwise stated)

SEPTEMBER 1, 2022 - CAFÉ 7 – PASTERIA AND DELICATESSEN

14101 N. May Ave. #117; <https://cafe7okc.com/>

SEPTEMBER 8, 2022 - MAMA ROJA MEXICAN KITCHEN

9219 Lake Hefner Pkwy; <https://mamaroja.com/>

SEPTEMBER 15, 2022 - PELICAN'S RESTAURANT

291 N. Air Depot Blvd., **Midwest City**; <https://pelicansok.com>

SEPTEMBER 22, 2022 - CHINA KING RESTAURANT

13220 N. Pennsylvania Ave.; *(No website)*

SEPTEMBER 29, 2022 - EARL'S RIB PALACE

6816 N. Western Ave.; <https://earlsribpalace.com/>

CENTRAL OKLAHOMA PRIME TIMERS

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COPT'S BOARD OF DIRECTORS 2022-2024

President	Stephen K.	Secretary	Kobe C.
Vice President	David H.	Member-at-Large	John L.
Treasurer	Allen G.	Member-at-Large	Kelly P.

Appointed Positions

Activities	Gene C.	Membership	David P.
Newsletter Editor	Kelly P.	Webmaster	Kobe C.

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Read PTWW *Prime Times* online at <https://theprimetimersww.com/>

Newsletter Editor's Bulletin

Due to the closing of Ingrid's please check Kobe's weekly email for last minute updates to locations of our Saturday and Tuesday dining events.

If anyone has suggestions, comments or corrections, please send them to me. Also, send pictures or announcements and I will try to publish them.

Kelly P.